

Laser swipe the following vibrational essences over the entire body, including above the head and below the feet for 9 swipes per area per vial.

- * **ANS/NS**
- * **Digestive System**
- * **Drainage Combination**
- * **Glandular**

After Session Care

- * **Avoid being in direct contact with computers, tablets and mobile phones during the 25 hour detox period after the session.**
- * **Moving toxins out of the body consumes energy, you may feel tired for a period after the sessions. It is therefore recommended to rest at least 1 day between sessions.**
- * **If you find you are experiencing physical, mental or emotional healing discomforts i.e aches, pains, headaches, skin rashes, anxiety etc. it may be an indication one is detoxing too quickly. In such instances reduce the frequency of the L.E.D sessions until the symptoms have eased.**

Consulting Your Doctor

If you have any metal pins, artificial joints, implants are pregnant or on any medication, please check with your Doctor before using L.E.D. therapy.

Do not use on cancerous tissue. This therapy is not designed to treat or cure any specific disease. It is aimed towards balancing the body's natural function.

It is important to take the appropriate binders before each L.E.D session to help ensure the toxins released in the body during the session & the 25 hrs after are successfully transited through the colon out of the body through the elimination organs.

Drink 1 tea spoon of drinking clay, mixed with 1 scoop of Zeolite in a glass of warm water and take 2 capsules of Activated Charcoal and Chlorella 40 minutes prior to a session.

Green Drinking Clay, Lava Vitae Binder, Activated Charcoal and Chlorella are available here at the ISHSKO Wellness Centre.

Booking & Enquiries

To make a booking or enquire further about L.ED therapy please contact us at the centre on the details below:

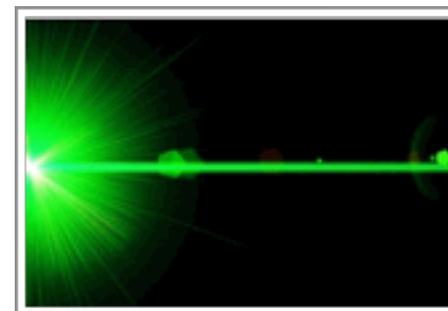
094 9532000

ISHSKO WELLNESS CENTRE
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ishskowellnesscentre@protonmail.com



Laser Energised Detox Therapy Course for home therapy €850 (Includes binders, equipment and vials)



Laser Energetic Detoxification (L. E. D) is a non-invasive therapy which gives profound detox results, with it's effects continuing for 25 hours after the session.

Laser Energetic Detoxification (L.E.D) is based on quantum physics. Dr Fritz Popp quantum physicist discovered the science behind the bio-photon light affects on our biological systems. He detected that the body is surrounded by several fields that constantly interact with our body by communication with our cells. These fields are not detectable with our eyes but through specific cameras.

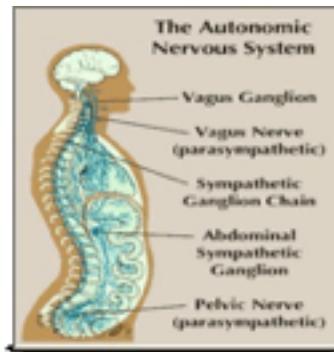
Lasers emit a coherent field of bio-photons and by shining the laser beam through a vial containing homeopathic information i.e toxins, minerals, vitamins, hormones etc. the light becomes intelligent and communicates with our cells. This allows the body to remove toxins and rebalance vitamin, mineral and hormonal imbalances. The effect of L.E.D detox therapy continues for up to 25 hours after the session.

Session Preparation & Guidelines

- * L.E.D session times are approx. 30mins.
- * Find a quiet, relaxed area.
- * Prepare & drink the binder supplement (see instructions overleaf).
- * Ensure you are wearing light clothing in pale colours. The laser cannot penetrate through black clothing effectively to reach the body.
- * Keep the laser approximately 30cm away from the body when swiping.

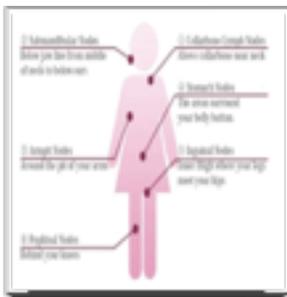
- * Do NOT shine the laser directly into the eyes, as this will harm them. For protection when using the laser near the eyes wear the laser protective glasses provided.

Phase 1 - Balancing Sympathetic and para sympathetic ganglions



Using Healing Foundation vial no.1 with the Photon Pulsar, infuse each of the ganglion areas highlighted below for 10 seconds each:

Phase 2 - Lymphatic System Stimulation



Using Lymphatic Support vial no.2 with the green laser, swipe each of the lymphatic nodes highlighted below in the order of 1-6 for 7 swipes. Always swipe in the direction of the heart.

Phase 3 - balancing emotional aspects of the Organs Affected by Toxins

Using Emotional Support vial no.3 with the red laser this time, swipe the feet, palms of the hands and ears, 7 times each. Start on the left sides and then move onto the right.

- * soles of both feet
- * palms of both hands
- * ears both sides

Phase 4 – Targeted Detox

Choose 1 of the following vials as prescribed for targeted detox. Either the red or green lasers can be used. Available are:

- * Detox Heavy Metals
- * Bacteria
- * Viruses
- * Mycoplasma
- * Fungi
- * Parasites
- * Borrelia
- * Candida
- * Vaccination
- * Drug Residues

Swipe over the entire body including above the head and below the feet for 7 swipes each side. If you have a helper it can be easier for them to do it for you, especially when lasering the back of the body. Alternatively a mirror can be used to reflect onto areas of the body difficult to reach.

Please note: use only one targeted detox vial per session, every other day (see after session care guidelines).